



April 8-10, 2011

*Hosted by*

**Portland Ice Skating Club**

Mt. View Ice Arena

14313 SE Mill Plain Blvd., Vancouver, WA

**2011 SpringFest**  
INVITATIONAL  
*Sanctioned by:*  
**US FIGURE SKATING**  
[usfigureskating.org](http://usfigureskating.org)

**Entry Postmark Deadline March 8, 2011**

For more information please visit [www.pisc.org](http://www.pisc.org)

IJS for Juvenile through Senior. 6.0 all others



Chief Referee: Phil Deaver  
Chief Accountant: Mark Heritage

**SpringFest Invitational 2011 is a non-qualifying competition sanctioned by US Figure Skating. SpringFest 2011 will be conducted according to the rules set forth in the US Figure Skating 2011 Rulebook except as otherwise stated by this announcement. Please refer to the 2011 Rulebook errata for correction to the 2011 US Figure Skating Rulebook. Please refer to the USFSA website for Technical Notification updates. This event is open to the public at no admission charge.**

**Competition Site:** Mountain View Ice Arena  
14313 SE Mill Plain Blvd  
Vancouver, Washington  
(360) 896-8700

**Rink Information:** Indoor ice surface, 85'x200', with slightly rounded corners. The main skating area is unheated with a seating area along one side of the rink surface. Warm clothing is advised.

**Eligibility:** The competition is open to all registered eligible skaters of US Figure Skating. Basic Skills skaters may be registered members in a US Figure Skating Basic Skills Program or current full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program / Club or any other Basic Skills Program / Club. Eligibility for entry is governed as of tests passed on or before March 8, 2011 and age as of March 8 2011. Adult skaters must be age 21 or older. Skaters should be prepared to provide proof of age if asked. Eligibility for pairs events are governed by the competitor with the highest test passed. All Basic Skills Snowplow Sam through Basic 8 skaters must skate at highest level passed and may not have passed any official US Figure Skating test including Moves In the Field or individual Dance. For the Freeskate 1-6, Test Track and Well Balanced levels, Eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level.). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. UNLESS OTHERWISE SPECIFIED IN THIS ANNOUNCEMENT, COMPETITORS MAY ENTER ONE CLASS HIGHER THAN THEIR TEST LEVEL AS OF March 8, 2011.

**Judging System:** The IJS will be used Juvenile through Senior, Short Program and Freeskate Events. Short and Long programs will be judged separately. For all other events, including Basic Skills, the 6.0 System will be used.

**Check In:** Check in for all events is 60 minutes prior to event.

**Updates to Announcement:** Check the Portland Ice Skating Club (PISC) website [www.pisc.org](http://www.pisc.org) for any updates or addendums to the announcement.

**Special Needs:** The Portland Ice Skating Club deeply appreciates and supports skaters with special needs. Please contact Lisa Heritage in relation to a skater with special requirements who would like to enter any of the SpringFest events or who would like to perform a special exhibition.

**Entries:** Entries must be postmarked on or before March 8, 2011. Late entries will be accepted at the discretion of the Chief Referee. If accepted, a late fee of \$20.00 will be charged. All returned checks will be assessed a fee of \$20.00.

**Refunds:** After the entry deadline, refunds will be given only if an event is cancelled/not scheduled. This US Figure Skating rule 3235 shall be strictly enforced. Refunds will be given for withdrawing prior to entry deadline.

- Registrar:** Mail completed entry form and fees postmarked by March 8, 2011 (include a self-addressed, stamped envelope for schedule) to:  
**Portland Ice Skating Club Registrar**  
**PO Box 14261**  
**Portland, OR 97293**
- Registration:** Skaters are required to check in at the registration desk at least one (1) hour prior to their first scheduled event.
- Changes to Event:** Changes or additions to event entries after skating orders are posted will be permitted at the discretion of the Chief Accountant and Chief Referee. If it is discovered that a Basic Skills skater is in the wrong level, the Chairman and the Referee will have the option to move the skater to the correct level, even if this has to be done the day of the competition.
- Event Group/Sizes:** There may be more than one group per event. Events may be divided into multiple groups by age for all levels. Based on the number of entries boys and girls may be combined into ONE event. NO final rounds will be skated.
- Single Entry** If there is only one skater at a level, every effort will be made to merge levels. With the Chief Referee's approval and if time permits in the schedule, single entrants that cannot be merged may be offered the opportunity to compete as a solo entrant. If the skater accepts the option to participate, no refund will be provided.
- Music:** All skaters except those in interpretive improv must provide their own music on CDs ONLY. The CD must be clearly marked with the skater's name and event. Music must start at the beginning of the CD with no more than a 10 second leader. Each CD must only have music for one program on it. For CDs, please only provide music burned on CD/Rs, some older CD players will not play music burned on CD/RWs. Please have a back-up CD available. PISC will not accept responsibility for breakage, loss or damage, but will take every reasonable precaution to protect each CD. **Music must be turned in one (1) hour prior to the event to be skated.** CDs must be picked up by the end of the competition. CDs that are not picked up are not the responsibility of the PISC and may be discarded.
- Official Notes:** A bulletin board displaying official information will be located in the arena lobby. Posting on this board will be considered sufficient notice to all competitors.
- Awards:** Each group will receive awards immediately following the posting of results for the event. Trophies or medals will be given to first through fourth place. Trophies or medals will be given to all entrants in Basic Skills events.
- Exhibition of Champion:** All Gold and Silver Medalist from all Freeski Events will be invited to participate in the Exhibition of Champions. Exhibitions will be on either Saturday or Sunday depending on Competition schedule at Mountain View Ice Arena. Details and information will be provided at the Medal Ceremony immediately following the listing of the scores.
- General Awards:** The **Lauren Bernstein Memorial Spirit Award** will be given to the skater competing in the Juvenile through Novice level who best exemplifies the spirit and the heart of the skating experience.
- Practice Ice:** Official practice ice will be available at the Mountain View Ice Arena as time permits throughout the competition. Each thirty (30) minute practice session will cost \$15. Practice ice will be assigned in the order of receipt of reservations. See the Practice Ice Request Form for specifics. Other ice time may be available at Lloyd Center Ice Rink, Sherwood Ice Arena and Valley Ice Arena. Program music will not be permitted.
- Useful Websites:** Practice and competition schedules will be posted on the club website at [www.pisc.org](http://www.pisc.org) as soon as they are available. Schedule is tentative and subject to change.
- Warm Up Music:** General music may be played during warm up for all events except Compulsory Moves.

**Photograph/Video** A photographer will be present to photograph all award events. The competition events will be videoed and available. The vendors will make a separate charge for these services. For details, see the vendors upon arrival at the rink. **All events will be photographed and videoed regardless of purchase. Flash photography is not allowed of any skaters on the ice.** Video recording any skater who is not your own is prohibited.

**Accommodations:** SpringHill Suites Vancouver Columbia Tech Center  
1421 SE Tech Center Drive  
Vancouver, WA 98683  
(360) 260-1000  
[www.springhillvancouver.com](http://www.springhillvancouver.com)

2 Queen beds - \$89/night + taxes

Group Rate Codes:

Mt. View Ice Arena  
Portland Ice Skating Club  
SpringFest

The group block of rooms is set up for arrival on Friday, April 8, 2011 thru Sunday, April 10 2012 If you would like to arrive outside of these dates, Reservations need to be made by Mar 3, 2011

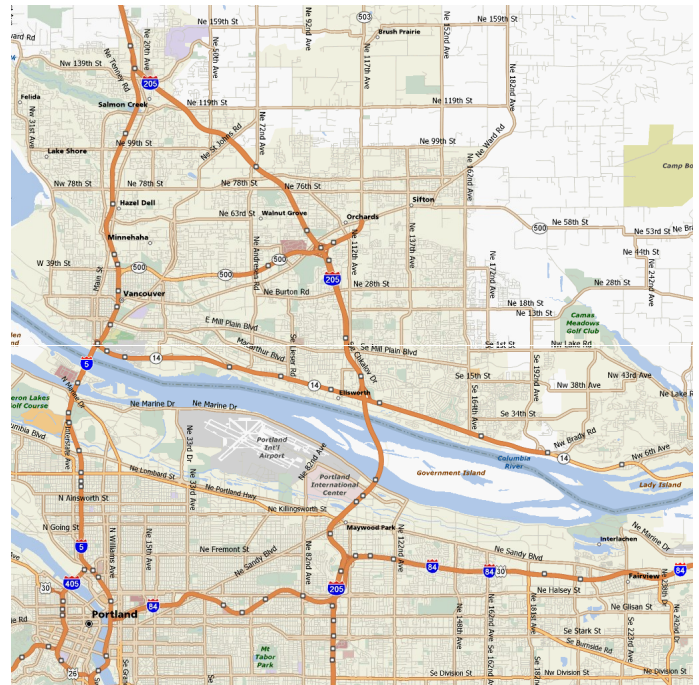
**Driving Directions To Mt. View Ice Arena, 14313 SE Mill Plain Blvd, Vancouver, WA 98683:**

*From the North:*

Take I-205 south to Exit 28.  
Turn left back over freeway onto Mill Plain Blvd. Go 1.8 miles.  
Rink is on right.

*From the South:*

Take I-205 North to Exit 28.  
Take right fork for Mill Plain Blvd E. Turn right onto Mill Plain Blvd. Go 1.6 miles. Rink is on right.



## **COACHES REGISTRATION / CREDENTIALS:**

In accordance with current rules, all coaches participating in this event must be registered with U.S. Figure Skating. For more information on the registration process, please visit [www.usfigureskating.org](http://www.usfigureskating.org). We will provide all registered coaches with a credential. Every coach in attendance will be required to check in at the registration table and must show a picture I.D. to receive their credential. We strongly recommend that you also bring any registration confirmation materials. Coaches must wear their badge at all times when coaching skaters at rinkside of a sanctioned competition. Monitors will be instructed to ensure that anyone standing rinkside has their credential.

## **Privacy Policy**

*Information provided to the host club on the entry form is intended for internal use of the competition committee, chief referee, and chief accountant only. We will never intentionally disclose any personal information about you (such as, for example, your full name, street address, telephone number, or e-mail address) to any third party without having received your permission.*

## **Contact Information**

**SPRINGFEST 2011**

---

**Competition Chair:** Lisa Mizonick  
Email: [sk8director@yahoo.com](mailto:sk8director@yahoo.com)

**Competition Co-Chairs:** Lisa Heritage  
Email: [lisa@pisc.org](mailto:lisa@pisc.org)

**Registrar/Practice Ice:** Ming Chang  
Email: [ming@pisc.org](mailto:ming@pisc.org)

**BASIC SKILLS COMPULSORY EVENT: SNOWPLOW SAM – BASIC 8**

- Each skater will have the option to perform one element at a time
  - A. In the order listed below (no excessive connecting steps) **OR**
  - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><b>Snowplow Sam - Tots:</b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward Snowplow Stop</li> </ol>	<p><b>Basic 5:</b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 4-6 consecutive - both directions</li> <li>3. One foot spin – free leg held to side of spinning, Min. Three Revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey Stop</li> </ol>
<p><b>Basic 1</b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward Snowplow Stop</li> </ol>	<p><b>Basic 6:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b>Basic 2</b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>3. Two foot turn in place- forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b>Basic 7:</b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b>Basic 3</b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward Slalom</li> <li>5. Two foot spin, Min. Three Revolutions</li> </ol>	<p><b>Basic 8:</b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three 3 revolutions</li> </ol>
<p><b>Basic 4</b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn – R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop- R or L</li> </ol>	

## BASIC SKILLS (continued)

### Compulsory Event - Freeskate Levels 1-6

In program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 nor less

<b><u>Free skate 1 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Advanced forward stroking - 4-6 consecutive</li><li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li><li>3. One-foot upright scratch spin from backward crossovers-minimum three revolutions</li><li>4. Waltz jump from backward crossovers</li><li>5. Half flip jump</li></ol>	<b><u>Free skate 4 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Forward power 3's, 2-3 consecutive sets-R or L</li><li>2. Sit spin- minimum three revolutions</li><li>3. Loop jump</li><li>4. Waltz jump/loop jump</li></ol>
<b><u>Free skate 2 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Forward outside or inside spiral - R or L</li><li>2. Waltz Three's - R or L, 2-3 sets</li><li>3. Beginning back spin - entry optional</li><li>4. Waltz jump, side toe hop, waltz jump series</li><li>5. Toe loop jump</li></ol>	<b><u>Free skate 5 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Camel spin- minimum three revolutions</li><li>2. Forward upright spin to back upright spin- minimum three revolutions, each foot</li><li>3. Loop/loop jump</li><li>4. Flip jump</li></ol>
<b><u>Free skate 3 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Forward crossovers in a figure 8</li><li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li><li>3. Back spin- minimum three revolutions</li><li>4. Salchow jump</li><li>5. Waltz jump/toe loop or Salchow/toe loop</li></ol>	<b><u>Free skate 6 Compulsory</u></b> <ol style="list-style-type: none"><li>1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)</li><li>2. Camel, sit spin combination - minimum of four revolutions total</li><li>3. Split jump or stag jump</li><li>4. Waltz jump, ½ loop, Salchow combination</li><li>5. Lutz jump</li></ol>

## BASIC SKILLS (continued)

### BASIC SKILLS SHOWCASE

#### Basic 1 - Freeskate Levels 6

Duration: 1:30 or less – may divide into age and level categories

- Theme of skater's choice
- May have music with words
- Judging to emphasize interpretation of music rather than technical skills
- Costumes that complement music

### BASIC SKILLS INTERPRETIVE

#### **INTERPRETIVE PROGRAM: COMPETITION RULES**

Portland Figure Skating Club will pre-select and edit musical choices appropriate for these events. During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

- **LEVELS:**  
Levels will be broken by ability with ages divided appropriately.
- **JUDGING RULES:**  
Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.  
Spins and jumps performed must be appropriate to competition level.
- **TIMING:**  
Music Duration Basic 1 - Non-Test: 1:15 minute  
Pre-preliminary- Preliminary: 1:30 minute
- **COACHING RULES:** There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

## BASIC SKILLS (continued)

### BASIC SKILLS FREESKATE

All Basic Skills events will be skated on full ice. Vocal music is allowed. The skating order of required elements is optional. The skating order of the required elements is optional. The elements are not restricted as to the

number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

**Snowplow Sam:** Open to skaters who are age 5 and under on March 9, 2010. Skaters who have passed Basic 1 are ineligible. Required elements are:

1. March followed by a 2-foot glide and dip
2. Forward 2-foot swizzles – 2-3 consecutive
3. Forward snowplow stop
4. Backward wiggles 2-6 in a row

**Basic 1:** Open to skaters who are age 6 and over on March 9, 2010. Skaters who have passed Basic 2 are ineligible. Required elements are:

1. Forward two foot glide and dip
2. Forward two-foot swizzles 6-8 in a row
3. Forward Snowplow Stop
4. Backward wiggles 6-8 in a row

**Basic 2:** Skaters who have passed Basic 3 are ineligible. Required elements are:

1. Forward one foot glide – either foot
2. Forward alternating ½ swizzle pumps, in a straight line –2-3 each foot
3. Two foot turn in place forward to backward
4. Backward two foot swizzles 6-8 in a row
5. Moving snowplow stop

**Basic 3:** Skaters who have passed Basic 4 are ineligible. Required elements are:

1. Forward Stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive.
3. Forward Slalom
4. Backward one foot glide – either foot
5. Two foot spin – Min. Three Revolutions

**Basic 4:** Skaters who have passed Basic 5 are ineligible. Required elements are:

1. Forward crossovers 4-6 consecutive both directions.
2. Forward outside three turn – R & L from a standstill
3. Backward Stroking 4-6 stokes
4. Backward snowplow stop - R or L

**Basic 5:** Skaters who have passed Basic 6 are ineligible. Required elements are:

1. Backward crossovers 4-6 consecutive – both directions
2. One foot spin – Free Leg held to side of Spinning Leg, minimum of three revolutions
3. Hockey Stop
4. Side toe hop – either direction

## **BASIC SKILLS** (continued)

- Basic 6:** Skaters who have passed Basic 7 are ineligible. Required elements are:
1. Forward inside three turn – R & L for a standstill
  2. Bunny Hop
  3. Forward spiral on a straight line – R or L
  4. Lunge – R or L
  5. T – stop – R or L
- Basic 7:** Skaters who have passed Basic 8 are ineligible. Required elements are:
1. Forward inside open Mohawk – R to L and L to R
  2. Ballet Jump – either direction
  3. Back crossovers to back outside edge landing position clockwise and counter clockwise
  4. Forward inside pivot
- Basic 8:**
1. Moving forward outside or forward inside three turns R & L
  2. Waltz Jump
  3. Mazurka – either direction
  4. 1 Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge.
  5. Beginning one – foot upright spin free foot held to side or crossed positions 3 rev.min.

## **BASIC SKILLS FREESKATE 1-6**

- . The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- . **Vocal music is allowed**
- . **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.**
- . A .2 deduction will be taken for each element performed at a higher level.
- . Time: 1:30 +/- 10 seconds.

<b>Free skate 1</b>	<b>Free skate 4</b>
<ol style="list-style-type: none"> <li>1. Advanced forward stroking 4-6 strokes</li> <li>2. One-foot upright scratch spin from back crossovers- minimum three revolutions</li> <li>3. Waltz jump from back crossovers</li> <li>4. Half flip jump</li> </ol>	<ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive R or L</li> <li>2. Sit spin-minimum three revolutions</li> <li>3. Loop jump</li> <li>4. Waltz jump/loop jump</li> </ol>
<b>Free skate 2</b>	<b>Free skate 5</b>
<ol style="list-style-type: none"> <li>1. Forward outside spiral R or L</li> <li>2. Beginning back spin</li> <li>3. Waltz jump, side toe hop, waltz jump</li> <li>4. Toe loop</li> </ol>	<ol style="list-style-type: none"> <li>1. Camel spin-minimum three revolutions</li> <li>2. Forward upright spin to back upright spin- minimum three revolutions each foot</li> <li>3. Loop/loop combination jump</li> <li>4. Flip jump</li> </ol>
<b>Free skate 3</b>	<b>Free skate 6</b>
<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Back spin-minimum three revolutions</li> <li>3. Salchow</li> <li>4. Waltz jump/Toe loop or Salchow/toe loop</li> </ol>	<ol style="list-style-type: none"> <li>1. Camel/sit spin combination-minimum four revolutions total</li> <li>2. Split or stag jump</li> <li>3. Waltz jump/1/2 loop /Salchow combination</li> <li>4. Lutz jump</li> </ol>

**U.S. Figure Skating / ISI- Basic Skills Conversion Chart**

<b><i>Enter the Basic Skills Event –ISI program &amp; have passed</i></b>		<b><i>Enter Basic Skills Event</i></b>	<b><i>ISI program &amp; have passed</i></b>
Snowplow	Tot	Basic 8	Delta-Freestyle 1
Basic 1	Pre-Alpha * age 7 & older	Free Skate 1	Delta-Freestyle 2
	Alpha	Free Skate 2	Freestyle 1-3
Basic 2	Advanced Pre – Alpha	Free Skate 3	Freestyle 2-3
Basic 3	Advanced Pre - Alpha * except 2 foot spin	Free Skate 4	Freestyle 4
Basic 4	Alpha / Gamma	Free Skate 5	Freestyle 4-5
Basic 6	Delta * except spiral	Free Skate 6	Freestyle 5-6
Basic 7	Gamma * except scratch spin & ballet jump		

---

**COMPULSORY MOVES**

Skaters will be awarded one mark for technique. There is no music and the event is skated on half ice surface except for Juvenile which is skated on full ice surface. Adult events are open to skaters 21 years of age and older.

- Non-test:** Open to skaters who have passed no US Figure Skating test. Time: 1:00 maximum
1. Connecting steps
  2. One-foot spin – minimum 2 revolutions
  3. Loop jump
  4. Forward spiral
  5. Three consecutive half flips
  6. Scratch spin – minimum 2 revolutions
- Pre-Preliminary:** Skaters who have passed Preliminary Free Skate test are ineligible. Time: 1:00 maximum
1. Salchow/toe loop combination
  2. Forward spiral
  3. Jump combination – waltz/toe loop
  4. Single jump (no axel)
  5. Connecting steps
  6. One-foot spin – no change of position – minimum 3 revolutions
- Preliminary:** Skaters who have passed Pre-Juvenile Free Skate test are ineligible. Time: 1:00 maximum
1. Salchow
  2. Forward spiral or Ina Bauer
  3. Camel spin/one foot spin – minimum 3 revolutions
  4. Connecting steps
  5. Sit spin – minimum 3 revolutions
  6. Jump combination–2 single jumps (no change of foot, or turn in between, axel permitted)
- Pre-Juvenile:** Skaters who have passed Juvenile Free Skate test are ineligible. Time: 1:15 maximum
1. Lutz jump
  2. Forward Spiral on Outside or Inside Edge
  3. Double jump
  4. Connecting steps
  5. Jump combination consisting of single jumps – no change of foot or turn between (the loop jump must be the second jump).
  6. Combination spin with no change of foot and one change of position – minimum 3 revolutions in each position).
- Juvenile:** Skaters who have passed Intermediate Free Skate test are ineligible. Skaters must be 12 years of age and under as of March 8, 2011. Time: 1:15 maximum; full ice surface
1. Axel
  2. Straight line step sequence
  3. Backward to forward spiral
  4. Ladies-layback spin. Men-forward camel.
  5. Jumps combination consisting of one single / double jump or two single jumps (no change of foot and no turn in between)
  6. Spin combination with one change of foot and one change of position – minimum 4 revolutions on each foot

## COMPULSORY MOVES (continued)

- Open Juvenile:** Same as Juvenile except open to skaters 13 years and older as of March 8, 2011.
- Adult Non-Test:** Open to skaters who have passed no US Figure Skating tests. Time: 1:00 maximum
1. Two-foot spin – minimum 3 revolutions
  2. Forward edges – minimum 2 outside and 2 inside, skated consecutively
  3. Bunny hop
  4. Lunge
  5. Forward inside pivot
- Adult Pre-Bronze:** Skaters who have passed Adult Bronze FS test are ineligible. Time: 1:00 maximum
1. Waltz jump
  2. Toe-loop
  3. Two consecutive Half-flips
  4. One foot spin – minimum 3 revolutions
  5. Spiral
- Adult Bronze:** Skaters who have passed Adult Silver FS test are ineligible. Time: 1:00 maximum
1. Salchow
  2. Toe loop
  3. Waltz-toe loop combination
  4. Sit spin – minimum 3 revolutions
  5. Circular footwork sequence
- Adult Silver:** Skaters who have passed Adult Gold FS test are ineligible. Time: 1:30 maximum
1. Flip
  2. Loop
  3. Waltz-Half loop-salchow combination jump
  4. Camel-Sit spin – no change of foot, minimum 6 revolutions
  5. Any spin with a back entry
  6. Circular footwork sequence
- Adult Gold/Masters:** Skaters must have passed at least the Adult Silver or Juvenile Free Skate test. Time: 1:30 maximum
1. Axel
  2. Lutz-loop combination
  3. Forward Camel to a back sit spin – minimum 4 revolutions each
  4. Circular footwork sequence
  5. Ladies – layback / Men – cross foot spin

## MOVES IN THE FIELD

Skaters will be judged on accuracy, technique and Posture/Carriage. Both sides of each move will be performed. Full ice will be utilized.

- Pre-Juvenile:** Skaters who have passed Preliminary Moves test are eligible.
1. Backward Circle Eight
  2. Forward and Backward Power Pulls

- Juvenile:** Skaters who have passed Pre Juvenile Moves in the Field Test are eligible.
1. Eight Step Mohawk
  2. Backward Power Three Turns

## MOVES IN THE FIELD (Continued)

- Intermediate:** Skaters who have passed Juvenile Moves in the Field Test are eligible
1. Spiral Sequence
  2. Forward Twizzles
- Novice:** Skaters who have passed Intermediate Moves in the Field Test are eligible
1. Forward Loops
  2. Backward Twizzles
- Junior:** Skaters who have passed Novice in the Field Test are eligible
1. Backward Loop Pattern
  2. Straight Line Sequence
- Senior:** Skaters who have passed Junior Moves in the Field Test are eligible
1. Sustained Edge Step
  2. Serpentine Step Sequence

## JUMPS

Skaters will perform each jump in the order, as stated. Pre-Preliminary through Pre-Juvenile levels will skate on half ice. All other levels will skate on full ice. Skaters will be given two opportunities to perform each jump and will be judged on the best one. Each level will compete as follows: the first skater will take the ice and attempt the first jump twice, pause and then attempt the second jump twice. This will be repeated until all the required jumps have been attempted and the next skater will then take the ice.

<b>Level</b>	<b>Test Requirements As Of 3/8/11</b>	<b>Elements To Be Skated</b>
<b>Pre-Pre &amp; Preliminary:</b>	No higher than Preliminary FS test	Loop Jump; combination of any two single jumps (no axels)
<b>PreJuvenile, Juvenile &amp; Open</b>	No higher than Juvenile FS test	Axel; combination of any double with a single loop jump
<b>Juvenile: Intermediate &amp; Novice</b>	No higher than Novice FS test and under 18 years of age	Double Loop; Double Flip; combination of any two double jumps
<b>Junior &amp; Senior</b>	Any FS test level qualifies	Double Flip; Double Lutz; combination of any two double jumps or a triple jump with a double jump

## SPINS

Three spins (except two spins for Adult Pre-Bronze level, as indicated below) to be skated in program format, no music. The required spins may be skated in any order with minimal connecting steps which will not be judged. Only the required spins in each level, as described below, may be performed. Emphasis is on the overall performance of each spin. Skaters will receive one mark from each judge for technical merit. Men and ladies may compete in the same event. All levels will skate on half ice. Adult events are open to skaters 21 years of age and older. Times listed will be +/- 10 seconds.

Level	Test Requirements 3/8/11	Elements To Be Skated	Time
<b>Pre-Preliminary &amp; Preliminary</b>	No higher than Preliminary FS test	One foot forward Scratch spin , sit, spin, forward camel spin forward sit spin	1:00
<b>Pre-Juvenile, Juvenile and Open Juvenile</b>	No higher than Juvenile FS test	Backward Sit Spin, One combination spin consisting of a forward camel and forward sit spin with no change of foot, forward scratch to back scratch spin. Ladies: attitude or layback spin; Men: sit spin	1:30
<b>Intermediate and Novice</b>	No higher than Novice FS test and under 18 years of age	Camel spin, flying spin, spin combination with only one change of foot and at least one change of position (spin combination must include at least 2 of 3 basic positions)	2:00
<b>Junior and Senior</b>	Any FS test level qualifies	Flying camel or flying sit spin, Ladies: layback or sideways leaning spin; Men: death drop, combination spin with only one change of foot and at least two changes of position	2:00
<b>Adult Pre-Bronze:</b>	No higher than Adult Pre-Bronze FS test	One foot forward upright spin, (optional free foot), two foot upright spin	1:00
<b>Adult Bronze:</b>	No higher than Adult Bronze FS test	One foot upright spin, one foot back spin, sit spin	1:00
<b>Adult Silver:</b>	No higher than Adult Silver FS or Juvenile FS test	Camel Spin, attitude or sit spin, combination spin with no change of foot and one change of position	1:30
<b>Adult Gold:</b>	Any Adult FS test level qualifies; no higher than the Intermediate FS test	Layback spin, back scratch spin, combination spin with only one change of foot and at least one change of position	2:00

## ARTISTIC / Dramatic

Open to skaters in Non-test through Senior levels (adults please see the Adult Interpretive/Masters Interpretive Event). Qualifications to compete in a given level are the same as the requirements for the same free skate level. Skaters will be awarded one mark for presentation. Interpretation, style and composition shall be factors in determining the mark given. No jumps are allowed. Deductions will be taken for any jumps performed. Conservative skating costumes are encouraged. No props will be allowed including hand held. Skaters will skate to music of their choice (instrument or vocals). At the discretion of the referee, groups may be combined and/or divided according to the number of skaters entered. Men and ladies may compete against each other. Program duration: 1:00-1:30 Non-test; 1:30 Pre-Preliminary and Preliminary; 2:00 Pre-Juvenile through Open Juvenile; 2:30 Intermediate; 2:45 Novice through Senior.

## SHOW CASE / ENTERTAINMENT

Open to skaters in Non-test through Senior levels (adults please see the Adult Interpretive/Masters Interpretive Event). Qualifications to compete in a given level are the same as the requirements for the same free skate level. Skaters will be awarded one mark for presentation. Interpretation, style and composition shall be factors in determining the mark given. No multi-revolution jumps are allowed. Deductions will be taken for any multi-revolution jump. All single jumps are allowed including an axel. Costumes can be appropriate to the theme of the music. Any props must be carried on and off the ice by the skater. Men and ladies may compete against each other. Program duration: 1:00-1:30 Non-test through Preliminary; 2:00 Pre-Juvenile through Senior. Events will be combined as follows: Pre-Pre/Preliminary, PreJuvenile/Juvenile/OpenJuvenile, Intermediate/Novice, and Junior/Senior.

## ADULT INTERPRETIVE / MASTERS INTERPRETIVE

Adult Interpretive and Adult Masters Interpretive Free Skate shall consist of variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music he or she has chosen. Axels and double jumps are not allowed. Costumes that enhance the performance by appropriately reflecting the character of the music, thereby enhancing the theme, will be considered in the judging. Props on the ice will not be permitted. Two marks will be given by the judges: the first for **Skating Technique** and the second for **Presentation**. **Skating Technique includes** the ease, flow, glide, sureness, power and depth of edges; the ability to vary the speed and direction of the skating; the variety of expressive and innovative moves; the succession of movement within the program; the utilization of space and ice coverage; and style. **Presentation includes** the interpretation of the music and rhythm; the skater's musical timing and understanding of the phrasing of music; the use of the entire body to develop artistic and music expression; creativity; choreography and the art of arranging movements; variations in tempo, tension, emotion and movements; the suitability of the music to the skater; and the internal motivation of movements and expression projected to the audience. Vocal music is permitted.

**Adult Interpretive:** Must not exceed the requirements of the Adult Silver Free Skate event and shall have passed no higher than Pre-Silver/Adult Pre-Silver Dance test. Program duration: not to exceed 1:40

**Master Interpretive:** Must meet the minimum requirements of the Adult Gold or Adult Masters Free Skate event or passed at least one Silver/Adult Silver dance. Program duration: not to exceed 1:40

## INTERPRETIVE / IMPROVISATION

During the scheduled skating warm up, skaters will listen twice to music selected for this event. Skaters will then skate to the same music. Skaters will be awarded one mark for presentation. Judging will be on interpretation, style and composition. Professionals will not be allowed to help entrants in this event. Men and ladies may compete against each other. Conservative dress is encouraged. Qualifications to compete in a given level are the same as freestyle. Length of music will be 1:00 min. for Non-test through Intermediate and 1:30 min. for Novice through Senior and Adult Non-test through Adult Masters.

**FREE SKATE / Short Program**

If necessary, groups will be divided by age or random draw. Events are skated in accordance with rules as stated in the 2011 US Figure Skating Rule Book. Music may include vocals for up through and including the Intermediate level all other levels must be Instrumental ONLY. Program elements shall be as specified for the 2011-2012 season. Please consult the USFSA.org website for 2012 short program group requirements. Short and Free Skate programs will be judged separately as independent events.

- Non-test:** Must not have passed any Free Skate test and must be age 17 or under. Deductions will be made for jumps and spins that are not allowed. Program duration: 1:30 +/- 10 sec. See Rule 3721
- Pre-Preliminary:** Must not have passed the Preliminary Free Skate test and must be age 17 or under. Deductions will be made for jumps and spins that are not allowed. Program duration: 1:30 +/- 10 sec. See Rule 3711
- Preliminary:** Must have passed the Pre-Preliminary Free Skate test but not the Pre-Juvenile Free Skate test and be age 17 or under. Deductions will be made for jumps that are not allowed. Program duration: 1:30 +/- 10 sec. See Rule 3701
- Pre-Juvenile:** Must have passed the Preliminary Free Skate test but not the Juvenile Free Skate test. Deductions will be made for jumps that are not allowed. Program duration: 2:00 +/- 10 sec. See Rule 3691
- Open Juvenile:** Shall have passed the Pre-Juvenile Free Skate test but not the Intermediate Free Skate test and be age 13 or over. Program duration: 2:15 +/- 10 sec. See Rule 3680.
- Juvenile:** Must have passed the Pre-Juvenile Free Skate test but not the Intermediate Free Skate test and be 12 years of age or under. Program duration: 2:15 +/- 10 sec. See Rule 3680
- Intermediate:** Must have passed the Juvenile Free Skate test but not the Novice Free Skate test. Short program duration: 2:00max with required elements. Long program duration: 2:30 +/- 10 sec. See Rule 3670
- Novice:** Must have passed the Intermediate Free Skate Test but not the Junior Free Skate test. Short program duration: 2:30max with required elements. Long program duration: 3:00 ladies / 3:30 men; each +/- 10 sec. See Rule 3660
- Junior:** Must have passed the Novice Free Skate test but not the Senior Free Skate test. Short program duration: 2:50max with required elements. Long program duration: 3:30 ladies / 4:00 men; +/- 10 sec. See Rule 3650
- Senior:** Must have passed the Junior Free Skate test. Short program: 2:50max with required elements. Long program duration: 4:00 ladies / 4:30 men; each +/- 10 sec. See Rule 3640
- Adult Non-Test:** Must not have passed any tests. Only half jumps, salchow, and toe-loop jumps are allowed. Program duration: 1:30 MAX
- Adult Pre-Bronze:** Must not have passed Adult Bronze or Preliminary Free Skate test. Program duration: 1:40 MAX See Rule 3805
- Adult Bronze:** Must have passed Adult Pre-Bronze or Pre-Preliminary Free Skate test but not Adult Silver or Pre-Juvenile Free Skate test. Program duration: 1:50 MAX See Rule 3800
- Adult Silver:** Must have passed Adult Bronze or Pre-Preliminary Free Skate test but not Adult Gold or Juvenile Free Skate test. Program duration: 2:10 MAX See Rule 3790
- Adult Gold:** Must have passed Adult Silver or Pre-Juvenile Free Skate test but not Intermediate Free Skate test. Program duration: 2:40 MAX See Rule 3780

# OFFICIAL ENTRY FORM

# SPRINGFEST 2011

## SKATER PROFILE:

---

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone: ( ) \_\_\_\_\_ Birth Date (mm/dd/yy): \_\_\_\_\_ Gender (M/F): \_\_\_\_\_

### US Figure Skating Required Information

USFSA or Basic Skills #: \_\_\_\_\_  
Home Club: \_\_\_\_\_  
Highest Tests Passed: \_\_\_\_\_  
Free Skate: \_\_\_\_\_ Pairs: \_\_\_\_\_  
Moves: \_\_\_\_\_ Dance: \_\_\_\_\_

### Emergency Information

Name: \_\_\_\_\_  
Phone: ( ) \_\_\_\_\_  
Relationship to Skater: \_\_\_\_\_

### Coach Information

Name: \_\_\_\_\_  
E-mail: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

## ENTRY FEES:

---

**TOTAL FEE AMOUNT ENCLOSED** (from event entry page): \$ \_\_\_\_\_

*Note: Returned checks will be charged an additional \$25.00 fee.*

**PAYABLE TO:** Portland Ice Skating Club (PISC)

**DEADLINE:** Entries must be postmarked by **March 8, 2011**

**MAILING ADDRESS:** Portland Ice Skating Club Registrar  
PO BOX 14261  
Portland, OR 97293

### **FORM CHECKLIST:**

- Skater Profile and Entry Fees Form
- Waiver and Release of Liability Form
- Event Entry Form & Basic Skills Form (if applicable)
- Practice Ice Entry Form
- Self Addressed Stamped Envelope for competition and practice ice schedule
- Program Advertising Form with artwork

---

### **FOR OFFICE USE ONLY- MEMBERSHIP VERIFICATION**

---

Check #: \_\_\_\_\_ Amount: \_\_\_\_\_ Date Received: \_\_\_\_\_

**WAIVER AND RELEASE OF LIABILITY - SpringFest Invitational 2011**

**NOTICE: THIS IS A LEGALLY BINDING CONTRACT**

In consideration of myself (or my minor child) being permitted by Portland Ice Skating Club to participate club-sponsored events, I agree to the following:

**I ACKNOWLEDGE THE INHERENT RISKS ASSOCIATED WITH FIGURE SKATING:**

I understand that; (a) the sport of figure skating is a hazardous athletic activity; (b) participation in figure skating or related training may result in serious injury including but not limited to permanent disability, paralysis or death; (c) these risks and dangers may be caused by the acts or omissions of the officers, directors, members or agents of Portland Ice Skating Club, the acts or omissions of other participants, accidents, breaches or contract, or other causes; (d) these risks may arise from foreseeable or unforeseeable causes. I further understand that the club is a community in which open communication takes place. That communication may include the discussion of coaches, officials, skaters, and parents. I agree to be bound by the ethics rules of the US Figure Skating and the Parent's Code of Conduct. I agree to process any grievance or wrong done by the spoken work, writing in any form, or broadcast or publication that is related to skating through the grievance processes of the club, US Figure Skating, or the PSA, and to be bound by the result as a final and complete resolution.

**I AGREE TO ASSUME ALL RISKS OF PERSONAL INJURY:**

In return for being allowed to participate in the skating and non-skating activities of the Portland Ice Skating Club either myself or for my minor child or ward, I agree to assume all risks foreseen or unforeseen, foreseeable or unforeseeable that arise from participation in the sport of figure skating regardless of the cause except for deliberate and unprovoked physical assaults and the injury or damage that may cause. I accept the financial all responsibility for any losses and/or damages, whether caused in whole or in part by the conduct of the officers, directors, members or agents of the Portland Ice Skating Club. On behalf of myself, my personal representatives and my heirs, hereby voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify Portland Ice Skating Club, its officers, directors, members and agents, from any and all claims, action or losses for bodily injury, property damage, wrongful death, loss of services, loss of companionship or otherwise which may arise out of my (or my minor child's) participation in club-sponsored activities. I specifically understand that I am releasing, discharging and waiving any claims or actions that I may have for the negligent acts or other conduct by the officers, directors, members or agents of the Portland Ice Skating Club. I agree to process any grievance or wrong done by the spoken word, writing in any form or broadcast or publication that is related to skating through the grievance processes of the Club, US Figure Skating or the PSA and to be bound by the result as a final and complete resolution. Further, to the extent that any claim by me or on behalf of my child or ward (arising from my skating activities while a member of the Club) against any third party results in a claim by that party against the Portland Ice Skating Club for indemnity or contribution, I will save, defend, hold harmless and indemnify the Portland Ice Skating Club from that third party claim.

**BY MY SIGNATURE BELOW I WARRANT THAT I:**

- 1) am at least 18 years of age, and am otherwise legally competent to sign this Agreement;
- 2) have read the above statement and understand their provisions;
- 3) understand the risks associated with participation in figure skating activities;
- 4) assume full responsibility for the consequences of choosing to participate;
- 5) hereby knowingly and intentionally release and hold harmless the Portland Ice Skating Club, it's officers, directors, members and agents harmless from any and all claims, demands, injuries, actions (including third party claims), and damage of any kind and nature whatsoever which arise out of or in connection with participating in this activity, regardless of whether such claims are based upon negligence or other grounds.
- 6) agree to be bound by and abide by the Rules, Regulations and Bylaws of the Portland Ice Skating Club and US Figure Skating.
- 7) understand dues are due and payable upon submitting this application.
- 8) acknowledge that Information on this Application is true and correct and is part of Skater's US Figure Skating record.

**Participant Name** \_\_\_\_\_ **Date** \_\_\_\_\_ **Age** \_\_\_\_\_  
Please Print Clearly

**Signature** \_\_\_\_\_ **Relationship to Skater** \_\_\_\_\_  
(Parent or guardian if under 18 years of age)

# EVENT ENTRY FREESKATE

# SPRINGFEST 2011

## BASIC SKILLS, FS. \$60

- Snowplow Sam
- Basic 1    Basic 2
- Basic 3    Basic 4
- Basic 5    Basic 6
- Basic 7    Basic 8
- F S 1    F S 2
- F S 3    F S 4
- F S 5    F S 6

## Basic Skills Elements

- Snowplow Sam
- Basic 1    Basic 2
- Basic 3    Basic 4
- Basic 5    Basic 6
- Basic 7    Basic 8
- F S 1    F S 2
- F S 3    F S 4
- F S 5    F S 6

## Basic Skills Showcase

- Snowplow Sam
- Basic 1    Basic 2
- Basic 3    Basic 4
- Basic 5    Basic 6
- Basic 7    Basic 8
- F S 1    F S 2
- F S 3    F S 4
- F S 5    F S 6

## Basic Skills Interpretive

- Basic 1    Basic 2
- Basic 3    Basic 4
- Basic 5    Basic 6
- Basic 7    Basic 8
- F S 1    F S 2
- F S 3    F S 4
- F S 5    F S 6

## Basic Skills

First Entry.....\$ 60.00  
 Each Additional Entry  
                                   \$ 30.00

## Basic Skills Membership

**\$ 12.50**  
 USFS Registration

## JUMPS.....\$35

- Pre-Preliminary/Prelim
- Pre-Juvenile/Juv/Open
- Intermediate/Novice
- Junior/Senior

## SPINS.....\$35

- Non-test
- Pre-preliminaryPrelim
- Pre-Juvenile/Juv/Open
- Intermediate/Novice
- Junior/Senior

- Adult Non-test
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold / Masters

## COMPULSORIES.....\$35

- Non-test
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Open Juvenile
- Adult Non-test
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold / Masters

## MIF.....\$ 40

- Pre-Juvenile
- Juvenile
- Open Juvenile
- Intermediate
- Novice
- Junior
- Senior

## FREE SKATE.....\$80

- Non-test
- Pre-preliminary
- Preliminary
- Pre-Juvenile

## FREE SKATE.....\$90

- Open Juvenile
- Juvenile
- Adult Non-test
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold / Masters

## INTERMEDIATE-SENIOR LEVELS

## 1<sup>ST</sup> EVENT .....\$90

## 2<sup>ND</sup> EVENT.....\$55

## LONG PROGRAM

- Intermediate
- Novice
- Junior
- Senior

## SHORT PROGRAM

- Intermediate
- Novice
- Junior
- Senior

## IMPROVISATION.....\$50

- Non-test
- Pre-preliminary
- Preliminary
- Pre-Juvenile
- Juvenile
- Open Juvenile
- Intermediate
- Novice
- Junior
- Senior
- Adult Non-test
- Adult Pre-Bronze
- Adult Bronze
- Adult Silver
- Adult Gold / Masters

## SHOWCASE.....\$60

- Non-test
- Pre-preliminary/Prelim
- Pre-Juvenile/Juv/Open
- Intermediate/Novice
- Junior/Senior
- Adult Interpretive
- Master Interpretive

## ARTISTIC.....\$60

- Non-test
- Pre-PreliminaryPrelim
- Pre-Juvenile/Juv/Open
- Intermediate
- Novice/Junior/Senior
- Adult Interpretive
- Master Interpretive

SKATER NAME: \_\_\_\_\_

TOTAL FEES: \_\_\_\_\_

# PRACTICE ICE REQUEST FORM

# SPRINGFEST 2011

Practice ice will tentatively be available April 8, 2011. We will try to provide additional practice ice during the competition to meet all needs, but NO GUARANTEE IS MADE THAT ENOUGH PRACTICE ICE WILL BE AVAILABLE TO MEET ALL EVENT NEEDS. In the event we are unable to provide you with all the practice ice you request, a refund will be made of paid-for but unavailable practice ice. Practice ice money is non-refundable, and you may not assign your practice ice to another skater. Practice ice sessions are 30 minutes and will be limited to fifteen skaters. Music will be played on a first-come first-serve basis.

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Parent Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### **Level and Events in Which Skater Will Be Competing:**

<u>Event Level</u>	<u># of Sessions</u>
Basic Skill Events _____	_____
Free Skate _____	_____
Short Program _____	_____
Artistic/Showcase _____	_____

Total number of 30 minute sessions requested: \_\_\_\_\_

@ \$15.00 each session for a total of: \_\_\_\_\_

**\* Please note Practice Ice Sessions limited to TWO per skater. No music will be played.**

\* For skaters planning to arrive before the event starts there are Freestyles and Public Sessions available at Mountain View Ice Arena. Please call Mountain View for times. 360-896-8700

